	SINGLE WHIP				TWO WHIPS											
AWPA MPA LIST for AUSTRALIAN CHAMPIONSHIPS	One Hand	Each Hand	One Hand – different planes	Each Hand – different planes	Both Hands – same plane	Both Hands- different planes	Both Hands changing planes	Staggered – same plane	Staggered – different planes	Staggered changing planes	Each way – same plane	Each way – different planes	Each way – changing planes	Each way staggered same plane	Each way staggered different planes	Each way staggered changing planes
BASIC CRACKS	Any "COMBINATION" of these basic cracks is called a "COMBO"															
Cattleman's	1	2	3	4	5	6	8	7	8	9						
Flick	1	2	3	4	5	6	8	7	8	9						
Figure 8	2	3	4	5	6	7	9	8	9	10	9	10	11	10	11	12
Fast Figure 8	2	3	4	5	6	7	9	8	9	10	9	10	11	10	11	12
Volley	3	4	5	6	7	10	13	11	13	14	10	12	13	14	15	16
Whoosh Bang	2	3	4	5	10	12	14	13	14	16						
Drum Roll	2	3	5	6	8	9	10	12	13	14	16	16	17	17	18	18
Coachman's	3	4	6	7	10	14		13	15							
Arrow Head	4	5		11		13	15									
Overhead (QLD X-over)	4	5		11		13	15									
Four Corners	6	7	8	12	17	18	19	18	19	20	19	20	20	20	20	20
Sydney Flash	4	5	8	9	10	14	15	13	16	16	15	17	20	19	20	20
Breakaway	5	6	7		13			18								
Victorian Cutback	5	6	7	10	14	17	18	16	19	20						